

This is a special time to honor Mothers and the position of motherhood that God has instilled into created humanity. One of the things I hate most about the “woke” culture or cancel culture is that there is a massive push to belittle what God commanded for the nuclear family. God has naturally ingrained the role of family in our hearts and souls. I want to show how even the world is starting to understand that the position of motherhood is more than they initially thought. I am incredibly amused, the older I get, as mankind starts to study science he discovers that things we know from Scripture, are true after all. They are amazed finding Scripture to be proven scientifically. It should be the other way around; we should believe it because it is Scriptural then allow science to catch up.

Psalm 127:3 says, “Lo, children are an heritage of the Lord: and the fruit of the womb is His reward.” It is imperative that parents understand, children are a gift from God and are to be raised as He has commanded.

In Genesis 1:27 the Lord tells us, “So God created man in His image, in the image of God created He him; male and female created He

them.” God has created male and female to be different, to appreciate and complement one another, but not to be identical. God drew the distinction in the beginning between man and woman and therefore motherhood and fatherhood. Previously, in verse twenty-two of the same chapter, God told the living creatures to be fruitful and multiply in the order He had created, through the means of reproduction He had created.

In verse twenty-eight, He told Adam and Eve to be fruitful, to multiply, to subdue the earth, and to have dominion over it. This verse would not be very popular with those that worship “Mother Earth” and celebrate Arbor Day and Earth Day! We need to keep in place the order God created. I Corinthians 10:26 tells us, “For the earth is the Lord's and the fullness thereof.” All that we have comes from Him and we are to be grateful and appreciative of it.

On the sixth day of creation God instituted the sexes, the nuclear family, and its role in civilization. God blessed motherhood. John 16:21 tells us, “A woman when she is in travail hath sorrow, because her hour is come: but as soon as she is delivered of the child, she remembereth no more the

anguish, for joy that a man is born into the world.”

Science is discovering the hormones that are released in a woman's body right after delivery actually lines up with Scripture. What a shock! The Scripture has been saying it for two-thousand years; we know it to be true! God created the process by which children are conceived, carried by the mother, given birth into this world, nurtured by the mother, and bonded in a special way. God has instilled special things in motherhood and in our being that shows that we are fearfully and wonderfully made.

I have read multiple articles about the bonds mothers have with their children. Various resources explained studies of children who lost their mothers very early and how it affected them. Often, even when the father remarries shortly after, there is still not the same bond between the second mother and the birth mother. Even when a close family member steps in, it is not the same. One interesting article I came across, spoke about five surprising but true facts about motherhood. When we read or hear things we should always take great care to use the filter of the Scripture as our final authority. If we are not careful we can read things that we *want* to be true and allow it to

color what is *actually* true.

1. Mothers will always carry a part of their child in their heart. Literally! There is a famous saying, “We hold our children in our arms for a little while, and in our hearts forever.” That saying is actually true! During gestation, or the time when the mother is expecting, the mother and the baby exchange some cells that are unique to them. The baby's cells remain and are harbored in the mother's body for decades, often until death. This even occurs if the baby does not live to be born. The process is called microchimerism. These cells have the children's unique DNA and collect in the various parts of the mother including the heart and brain. Some studies say this can help with maintaining the mother's health as these cells are often more prevalent in the breast tissue of mothers without cancer than those with. *Science News* shows us that these cells left by the baby can contribute stem cells aiding in health, and can even generate new neurons in the mother's brain, helping to heal her from emotional hard times and

disorders. When a mother's heart is injured due to a heart attack or something similar, fetal cells seem to flock to the site of the injury and turn into several different types of specialized heart cells that help with the injury. When a mother says she carries her child in her heart, in a literal sense, she does. This explains why those who have aborted their children struggle emotionally for years, not just from a spiritual sense. She is truly carrying that child with her for the rest of her life.

Does Psalm 127 make better sense to you now when it says, "The fruit of the womb is His reward."? The Psalmist said in chapter 139:14, "I will praise Thee; for I am spiritually and wonderfully made: marvelous are Thy works and that my soul knoweth right well." They have discovered that when a lady from a family with no boys has a son her thinking changes. How could this happen on accident if a baby is considered to be just a clump of cells? It could not! God created us perfectly!

2. Mothers feeding their children provides the needed protection from bacteria, viruses and infections. Biologist Katie Hinde was interviewed by a mother and was asked the following questions: “How exactly is my body able to write my daughter a prescription for her illness without a diagnosis?” The answer is that the baby's saliva tells the mother's body what is needed, and the mother's body produces exactly what is needed for the child at that time. Another way is that the pathogens on the baby's face compel the mother's body to produce just what is needed for the baby. We are fearfully and wonderfully made!

3. The smile of a parent will affect the heart rate of a child. A study was done on an infant girl. She was placed in a car seat in a separate room and the mom, the dad, and a stranger were sent in one at a time. They were not to touch the child; only to go in and smile. They found that when the parents entered (separately from each other) the heart rate of the infant began to sync with the heart rate of the parent. While baby heart rates are faster,

it syncs *more* with that of its parents than with that of a stranger. How can this be? We are fearfully and wonderfully made.

4. The voice and touch of a mother are found to be very comforting. A test was done with seven- to twelve-year-old girls. They were to make an impromptu speech in front of a group of people, then answer a series of math problems. The idea was to put these girls in a situation that would cause them stress. They divided the girls into three groups: one group was given physical contact with their mother, the second was given a phone call with their mother, and the third group was made to watch a film (“The March of the Penguins” because it was thought to be emotionally neutral). It was found that the hormone oxytocin raised significantly in the girls when they could hug or speak with their moms, but not in the group who watched penguins. That hormone is widely recognized for its help with social bonding. This explains why kids with nurturing mothers, mothers who are present in

their children's lives, have better social and familial relationships. How could this be? Because we are fearfully and wonderfully made.

The spiritual aspect is especially crucial. Proverbs 1:8 tells us, “My son, hear the instruction of thy father, and forsake not the law of thy mother.” Solomon understood this. Science is slowly catching up. Again, in Proverbs 23:24 and 25 we are told, “The father of the righteous shall greatly rejoice: and he that begetteth a wise child shall have joy of him. Thy father and thy mother shall be glad, and she that bare thee shall rejoice.” The mother will rejoice when the child turns out to be righteous. That connection from before birth will continue. Remember that when Mary, recently conceived with Jesus by the Holy Ghost, went to visit Elisabeth (who was six months expecting with John the Baptist), that John leaped in his mother's womb at the salutation of Mary. Elisabeth understood just what that meant. Not only was John the Baptist alert enough to recognize who had come, but he was also able to react.

5. The name for “mom” is fairly consistent across many languages; usually sounding like, “Mom, Mama, Ma'ma, Mamá, Me, Ma, Em, etc.” It is usually one of the first sounds a baby makes. Mothers are statistically more likely to be there for their children than fathers are. In 2017, 3% of children were living with neither parent, and 4% were living with only the dad. This means that 93% of children in the United States are living with at least their mother. Only 7% live without their mother, while on the other hand 24% live without their father.

Mothers are the first to carry the child, the first to hold the child, and the first to nurture the child. God has a special place in His heart for mothers. Our society has attacked the office of motherhood by claiming that men can deliver children. They cannot! What they are doing is saying that a woman, who *thinks* she is a man, can deliver a child. Regardless of what she thinks; she is a *she* and God makes no mistakes. Biologically, right down to the chromosome level, she will never be able to change the fact that she is a *she*! Another way an attack is made is by giving new titles such

as “Child-bearer.” In an attempt to unassume gender or to not offend, you will find some obnoxious titles given to what God calls “mother.” Look up the definition of “child bearer.” How surprising that it means, *mom or mother!* We saw in Genesis that God created male and female. In Genesis 2:24 man is told to leave father and mother. In Exodus 20 we are told to honor our father and mother. In Deuteronomy 5 we are commanded, “Honour thy father and thy mother.” God makes a point of including both of them, and of being very gender specific.

I want to consider what may be the most famous passage in the Bible regarding mothers. It is interesting when you read the whole chapter of Proverbs 31, that you often forget that the first part of the chapter is full of instructions that King Lemuel's mother taught to him. Before looking into the part about the virtuous woman as described in the last two-thirds of the chapter, I want to give attention to the instruction of King Lemuel's mother. In Proverbs 31:3, she warned him about giving his strength to women (regarding immorality) and to avoid ways that destroy kings. In verse four she reminds him that “it is not for kings to drink wine.” In verse five she gives the reason: it would cause them to “forget the law and

pervert the judgment.”

Alcohol affects the ability to obey God and to judge properly. Verse six records her instruction that strong drink is to be given to those who are dying and wine to those who are of a heavy heart. Now, before you get excited and take that as a recommendation for the use or consumption of alcohol, research the use of hard liquor in battlefield surgery. You will find it was merely to dull the pain of what was about to happen. As for drinking wine for a heavy heart, Proverbs 23 tells us that those who tarry long at the wine have woe, sorrow, contentions, babbling, redness of eyes, and wounds without cause. I think you will find that the recommendation is more of an indication of what will follow.

If someone is truly interested in this topic, studies show that pure un-fermented grapes have recently been discovered to have polyphenols which reduce depression. If you truly want comfort for the heart, go with what God created, and not what man fermented. There has been a push in modern society to say that alcoholic wine helps the heart. For a time, I decided to ask every medical doctor I came in contact with, “I’m told that alcoholic wine benefits the heart. What

benefit does alcoholic wine have for the heart that grape juice does not?” Each doctor, including a cardiologist, confirmed that there is no benefit found in alcoholic wine that cannot be found in natural grape juice.

Verse seven again brings the connection between alcohol and poverty and misery. In verse eight of the chapter, she commands him to speak up for those who cannot speak for themselves. In the following verse, she tells him to judge righteously and to plead the cause of the poor and needy. These were the instructions she gave for a king, which we would be wise to follow.

Titus 2:3-5 “The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; That they may teach the young women to be sober, to love their husbands, to love their children, To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.”

This passage states that there is to be a sober-mindedness, a love for the husband, and a love for the children. As we find ourselves in these perilous times, we find a lack of soberness, a lack of love

for the husband, and a lack of love for the children in many homes. There is also to be discretion and chasteness. They are to be keepers at home, and they are to obey their husbands. Why? So that the Word of God will not be blasphemed.

In Ephesians 5:20-28, we see that God has expectations for the wives and mothers. This passage also shows the lines of comparison between the love that God has for the church, and the love of the husband for the wife.

“Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; Submitting yourselves one to another in the fear of God. Wives, submit yourselves unto your own husbands, as unto the Lord. For the husband is the head of the wife, even as Christ is the head of the church: and he is the savior of the body. Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. Husbands, love your wives, even as Christ also loved the church, and gave himself for it; That he might sanctify and cleanse it with the washing of water by the Word, That he might present it to himself a glorious church, not having spot or wrinkle, or any such thing; but that it should be holy and without blemish. So ought men to love their wives as their own bodies. He that loveth his

wife loveth himself.”

One of the crucial parts of motherhood is having the support and love of the husband that goes along with it. God has set an order and a recipe for how the family is supposed to be run and everyone has a role to fill. If you take out a few ingredients from a recipe, no matter what you are cooking, it is not going to turn out as it is supposed to. When the roles are not in place, you find chaos. When the parents submit to the children, you find chaos. When you find the wife domineering the husband, you find chaos. God has these things in order. How do they manifest themselves?

Look at Proverbs 31:10-31.

“Who can find a virtuous woman? For her price is far above rubies. The heart of her husband doth safely trust in her, so that he shall have no need of spoil. She will do him good and not evil all the days of her life. She seeketh wool, and flax, and worketh willingly with her hands. She is like the merchants' ships; she bringeth her food from afar. She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens. She considereth a field and, buyeth it: with the fruit of her hands she planteth a vineyard. She girdeth her loins with strength, and

strengtheneth her arms. She perceiveth that her merchandise is good: her candle goeth not out by night. She layeth her hands to the spindle, and her hands hold the distaff. She stretcheth out her hand to the poor; yea, she reacheth forth her hands to the needy. She is not afraid of the snow for her household: for all her household is clothed with scarlet. She maketh herself coverings of tapestry; her clothing is silk and purple. Her husband is known in the gates, when he sitteth among the elders of the land. She maketh fine linen, and selleth it; and delivereth girdles unto the merchant. Strength and honor are her clothing; and she shall rejoice in time to come. She openeth her mouth with wisdom; and in her tongue is the law of kindness. She looketh well to the ways of her household, and eateth not the bread of idleness. Her children arise up, and call her blessed; her husband also, and he praiseth her. Many daughters have done virtuously, but thou excellest them all. Favor is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised. Give her of the fruit of her hands; and let her own works praise her in the gates.”

In light of the first nine verses, it is interesting how the instruction of King Lemuel's mother to him switches to showing how to find a virtuous

woman. The mother's concern was that her son would have a wife that was a virtuous woman.

In verse twenty-seven the Bible says, “She looketh well to the ways of her household.” Many of us can truthfully say we had a mother who took care of us even when times were tight. Another thing we see in this verse is that she, “eateth not the bread of idleness.” A good and honorable mother, a virtuous woman, is not idle. She keeps busy. She does not sit still for long periods of time. She does not expect things to be handed to her. She works day and night. Often, she is up well before the children and retires long after them. A virtuous woman does not just sit back, relax, and take it easy, but is busy at something when she can be.

The Bible tells us in verse twenty-eight, “Her children arise up, and call her blessed.” Part of honoring your mother is to tell her, and others, how much of a blessing she is! Furthermore, a husband worth anything, will tell her and show her how blessed he is to have her. Nothing is better for children than to see that their father honors their mother. A man should make sure his wife feels treasured, appreciated, and honored.

In verse twenty-nine of this chapter, the virtuous woman is mentioned for her excelling above all others. It is not a competitive matter of trying to “one up” the other, but she is to excel at being virtuous.

In verse thirty there are two things that are often sought by people, but that are not crucial or important. The first thing is favor. Favor is how people feel about you, or how you are perceived. But “favor is deceitful.” It changes. People who were once your closest friends now do not have time for you, and may be saying bad things about you behind your back. Those who may not once have cared for you may be passionately kind to you now. Favor is deceitful; it can change.

The second thing is beauty. “Beauty is vain.” It changes. It is here today, and gone tomorrow. If you ever visit a nursing home you will see people in their current state who look nothing like the pictures of them in their younger state. Trust me, beauty changes! As you get older, you will look in the mirror and find that you are not the same person that you once were. Beauty will go, BUT, “A woman that feareth the Lord, she shall be praised.” The word *feareth* has to do with an on-going mentality or mindset of having feared the Lord,

currently fearing the Lord, and continuing to fear the Lord. The Bible speaks strongly of fearing the Lord, specifically in the book of Proverbs. We are to fear the Lord and not be concerned with what man can do to us.

The last verse in this chapter is 31, “Give her of the fruit of her hands.” Give credit where credit is due. If you have a virtuous mother make sure you honor her and tell her that. If you do not have a virtuous mother, honor her in the way that you can. Honor her for what she has done for you as commanded in the Scriptures.

The virtuous woman exhibits all aspects of motherhood as it applies to her children, her husband, and the society. She will love her children unconditionally, submit to and honor her husband lovingly, and be the godly example in her surroundings that God has ordained in Scriptures.

The heart of a mother will be in tune with her husband as they together raise their children in the love of God. The heart of a mother will be attached to her children for the rest of her life. God has created a mother in a fearful and wonderful way, that she may honor and glorify Him all her days.